

Nutrition Services Menu  
Week of: March 23 - March 29, 2026

LTC

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lunch	From Dale B's Kitchen: Chow Mein Hotdish Oriental Vegetables  Pizza Hotdish	Taco Salad Black Beans Sweet Yellow Corn Spanish Rice  Irish Beef Stew	Glazed Chicken Wild Rice Blend Steamed Carrots  Ring Bologna	Beef Stroganoff over Mashed Potatoes Fresh Steamed Broccoli Breadstick  Cheeseburger Hotdish	Roasted Turkey with Gravy Mashed Potatoes Parslied Cauliflower  Fish on a Bun	Beef Roast Steamed Carrots Boiled Potatoes  Turkey Noodle Salad	Chicken Wings Mac and Cheese Coleslaw  Pizza
	Supper	Roast Beef Commercial Mashed Potatoes Creamed Corn  Ham Steak	Ham Noodle Hotdish Roasted Beets  Calico Beans	Country Fried Steak with Gravy Mashed Potoates Green Beans  Rotisserie Chicken Breast	Chicken Tortilla Casserole Riced Cauliflower  Chicken Ring Pasta Salad	Waffles with Cinnamon Apples Home Fries  Seafood Salad	Swedish Meatballs Buttered Noodles Wax Beans  Ham & Cheese on a Croissant
Dessert	Crème De Menthe Cake  Grapes	Maple Carrot Cake  Honeydew Melon	Apple Crisp  Fresh Pineapple	Strawberry Cream Salad  Mixed Fruit	Frosted Chocolate Brownie  Pears	Pumpkin Pecan Custard  Tropical Fruit	Tiramisu  Dark Cherries
Soup	Beef Chili	Chicken Rice	Beef & Sweet Pepper	Broccoli Cheese	Tomato Noodle	Butternut Squash	Ham & Bean
Pastry of the Day		Assorted Danish		Assorted Scones		Assorted Muffins	

NOTICE: Food items are subject to change without notice!

Week 01 Menu Cycle